

### Skater Eligibility to Use KCIC Off-Ice Harness

I acknowledge and agree that I will follow the below guidelines for allowing my skater to train on the KCIC off-ice harness:

- Skater is a member in good standing of Silver Blades FSC or KCFSC or is an associate member of one of these two clubs
- I will ensure my skater uses the equipment appropriately and responsibly
- I am responsible for any damages caused by my skater(s) while using the harness
- Skater is working on at least an Axel jump and has coach approval to train on the harness

### Skater Release of Liability

In consideration of my participation in off-ice harness/spinner training (activity), I acknowledge that I understand the nature of the activity and that I, and/or my minor child, am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if conditions are unsafe, I, and/or my minor child, will immediately discontinue participation in the activity.

I fully understand that skating involves risks of serious bodily injury, including permanent disability, paralysis, and death, and that these and other risks may be caused by my own actions, or inactions, those of others participating in the activity, the conditions in which the activity takes place, or the negligence of the Releases named below; and that there may be other risks either not known to me or not foreseen at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity.

I hereby release, discharge, and covenant not to sue the Silver Blades Figure Skating Club of Greater Kansas City, Kansas City Ice Center, the U.S. Figure Skating Association, their respective administrators, directors, agents, officers, volunteers, and employees, of training activities in which I participate (each considered one of the Releases herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releases. This release waiver of liability and express assumption of risk agreement does not apply to any liability, claims, demands, losses, or damages arising out of the gross negligence of, or intentional, willful or wanton misconduct of Releases. If I, or anyone on my and/or my minor child's behalf, makes a claim, I agree I will indemnify, defend, save, and hold harmless each of the Releases from any loss, liability, damage, or cost which any may incur as the result of such claim.

I acknowledge that I have read this release, waiver of liability and express assumption of risk agreement and fully understand it. Please enter all participants' names below and have the parent/guardian sign for all minors under the age of 18 years old.

**Participant Name**

**Date**

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**Parent/Legal Guardian Name**

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**Parent/Legal Guardian Signature**

**Date**

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